



MOUNT
MADONNA

GOING DEEPER RETREAT

CONTAGIOUS ILLNESS & COVID-19 PROTOCOL

Given that this retreat is held entirely indoors and in close quarters with decreased ventilation, we must increase vigilance around any communicable illnesses.

1. All participants and staff are required to take a COVID/Flu A&B test upon arrival to Mount Madonna and prior to the start of the retreat.

Mandatory COVID/Flu testing will be administered in the west deck/wing of the Community Building (CB) on February 25, 2026 at 3:00 - 5:30 p.m.

Please notify Guest Services if you will arrive after 5:30 p.m., so we can plan the timing to administer your test.

Anyone with a positive test, regardless of symptoms, will not be able to attend the retreat.

2. COVID/Flu A&B testing will be performed daily for the duration of the retreat; if a test is positive, the individual will need to leave the retreat.
3. An individual who develops symptoms presumed to be due to illness (cough, runny/stuffy nose, sore throat, fever, fatigue, etc.) will be expected to remove themselves from the retreat regardless of whether they test positive for COVID/Flu A&B.
4. Any individual who develops "allergy-type" symptoms (very mild throat tickle, itchy eyes and nose, etc.) must mask immediately and inform a group leader. An individual exhibiting allergy symptoms who tests negative will be housed separately (not in a dorm-style room with others).

Risk is always present. Mount Madonna strives to mitigate risk from communicable respiratory illness while avoiding overreaction to symptoms that may be allergy-related or caused by environmental factors (such as dry air).

Thanks in advance for adhering to these protocols.