

445 Summit Road, Watsonville, CA 95076 \cdot (408) 847-0406 \cdot www.mountmadonna.org

MASSAGE THERAPIST

Experience creative self-expression and rich connections in an environment where heart and meaning are a part of everyday life! <u>Mount Madonna Center</u> is offering a unique opportunity for an inspired and motivated individual interested in serving within a renowned retreat center and multigenerational yoga community overlooking Monterey Bay. Mount Madonna Center is located in beautiful natural surroundings on 380 redwood acres.

Mount Madonna is a center for learning that offers practices for living for the sincere seekers, thought leaders, retreat goers, teachers and students who desire an experience at the source. Since 1978, we have been honored to host both luminaries and practitioners in spiritual and religious traditions, artistic endeavors, social justice, and conscious business, among many others. Our residential community of practice and activities have been inspired by the yoga teachings and example of master yogi, Baba Hari Dass.

Mount Madonna prioritizes diversity, equity, inclusion, and belonging and strives to create a culture that empowers and supports individuals to bring their full and authentic self to the workplace.

We look forward to hearing from you!

TITLE: Massage Therapist

POSITION TYPE: Part-time, 0-23 hours per week*

*Hours per week will fluctuate based on practitioner availability and business needs. Client numbers vary from week to week depending on the schedule of hosted programs, personal retreats, holidays, etc.

LOCATION: Mount Madonna Center - 445 Summit Road, Watsonville, CA 95076

RATE OF PAY: \$50 to \$55 per hour, depending on experience

REPORTS TO: Kaya Kalpa Wellness Center Lead

WORK ARRANGEMENT: Daily Commute

POSITION SUMMARY: Kaya Kapla Wellness Center offers a variety of massage techniques, Ayurvedic therapies, and wellness treatments for the guests, residents, and staff of Mount Madonna Center. We are seeking a certified massage therapist for all days of the week, especially Friday through Sunday, when guest numbers are typically higher. A local practitioner from surrounding areas such as Aptos, Santa Cruz, Monterey, Gilroy, or Morgan Hill is preferred.

CORE RESPONSIBILITIES:

- Fostering a calm, welcoming space that invites relaxation, trust, and a deeper connection to well-being throughout each client's experience while maintaining a professional appearance and clean workspace
- Guiding clients through available offerings with care and clarity, empowering them to choose services that best support their needs
- Providing restorative bodywork that supports each client in their personal healing journey
- Maintaining up-to-date availability through our booking platform, Acuity

QUALIFICATIONS & SKILLS:

- Valid California Massage Therapy Certification
- Proficiency in Swedish, Deep Tissue, and Sports massage techniques
- Previous spa experience
- Required participation in continued education provided by Kaya Kalpa to deepen understanding and practice of Ayurvedic modalities such as shirodhara, abhyanga, and swedana.
- Physical Requirements:
 - Safely lift, carry, push, and pull up to 30 lbs without exertion, such as moving massage equipment, linens, or treatment supplies

- Bend, reach, and remain standing for extended periods of time throughout shifts
- Assist individuals with limited mobility in safely transitioning from personal mobility devices (e.g. wheelchairs) to massage tables or chairs, using proper body mechanics and support
- Additional qualifications a plus:
 - Experience with various types of bodywork and other holistic healing modalities
 - o Background in ayurvedic education
 - Familiarity with the scheduling platform Acuity

BENEFITS:

- 40 hours of sick time per year
- Employee Sponsored Retirement Savings Plan after 3 months of employment
- Employees who commute receive one meal per day while working onsite, and reduced overnight accommodations when work-related
- Reduced rates on massage
- Access to:
 - o Meditation, asana (postures), and yoga philosophy classes
 - Walking/hiking trails with broad vistas, redwood forests, ponds and wildlife
 - Seasonal retreats and programs
 - Community events
 - Cafe and bookstore
 - Community garden and chicken coop
 - Hot tub

APPLICATION: Thank you for your interest! Please send your resume and cover letter to work@mountmadonna.org.

Mount Madonna Center maintains a policy of providing equal opportunity in all aspects of employment.

- a) It is the policy of Hanuman Fellowship to ensure equal employment opportunity for all persons regardless of race, color, religion, age, disability, national origin, creed, gender, gender identity, sexual preference or any other non-merit factor.
- b) It is the policy of Hanuman Fellowship to ensure equal treatment, including but not limited to recruitment, hiring, promotion, discipline, compensation, assignment, benefits, training, furloughs and rehiring.