

MMI Ayurvedic Yoga Therapy Transfer Policy

Mount Madonna's Ayurvedic Yoga Therapy program has two possible areas in which to apply transfer credit.

The AYT program is made up of three separate components which total 1083.5hours:

1. MMI's Advanced Yoga Studies Program (YTT 300) (300 hours)
2. MMI's Ayurvedic Health Counselor Program (AHC) (340 hours)
3. MMI's Ayurvedic Yoga Therapy Integration Program (AYT) (187 hours)
 - o MMI AYT Clinical Practicum (256.5 hours)

Students may request transfer credits for either #1 or #2 (but not both).

Students who took an **Advanced Yoga Studies Program (YTT300)** elsewhere, are required to:

- Submit a certificate of completion (or transcript if applicable) from a YTT 300 or Advanced Yoga Studies Program (300 contact hours or 20 credits).
- Submit the curriculum of the program plus a schedule of all contact hours, distance learning and homework.
- Supply two letters of recommendation from faculty in the program.
- Interview the Program Director to determine competencies in the coursework required.
- Based on the above, the Program Director, in conjunction with the Registrar, will decide upon how many Transfer Credits are applicable.

If a student meets the other program requirements, transfer credits may be awarded. There will be a one-time, non-refundable, administrative charge of \$500 plus \$1/contact hour. Note: Current YTT 300 tuition is \$3200. (Example: Transferring 300 hours would result in an \$800 fee.)

If a student does not qualify in all areas, she/he may qualify to take specific courses in MMI's Advanced Yoga Studies (YTT 300) when offered with a cohort at a cost of \$11 per contact hour and/or be tutored individually (at a cost of \$50 per contact hour). Partial transfer credit may be awarded with a one-time, non-refundable, administrative charge of \$300 plus \$1/contact hour. (Example: Transferring 100 hours would result in a \$400 fee.)

For students who took the **Ayurveda Health Counselor** program (AHC) elsewhere, there are two paths to request transfer credits:

1. Be a certified NAMA Ayurvedic Health Counselor having passed the National AHC Exam. (If you were grandparented into NAMA as an AHC, you will need to submit via path #2; you must have taken the national exam.)
2. Be a graduate from a NAMA approved AHC Program.
 - o Submit a transcript of your work and completion.
 - o Submit the curriculum of the school attended
 - o Supply two letters of recommendation from faculty in the AHC program.

For path #1, 340 transfer credits will be applied with a one-time, non-refundable administrative fee of \$500 plus \$3 per contact hour. (Example: \$500 + \$1020= \$1520).

For path #2. Full to partial transfer credits may be applied, dependent upon the school's curriculum and the student's performance. She/he may need to take specific courses at MMI College of Ayurveda (regular course rates will apply). There is a one-time, non-refundable administrative charge of \$500 plus \$3 per contact hour. Note: Current AHC tuition is \$7675. (Example: transferring 90 contact hours (6 credits) would result in a \$770 fee.)

All transfer students must take a 3-day *MMI Yoga & Ayurveda: A Foundational Workshop* bridge program which is offered twice a year. (Cost: \$385 plus Meals and Lodging)

Criteria for Accepting Transfer Credit

Transfer credit can be requested for either the Ayurveda Health Counselor (AHC) program or the Advanced Yoga Studies (YTT 300) program, but not both. Each program has its Program Learning Objectives (PLOs) and each course within each program has its Course Learning Objectives (CLOs). (We used the CLOs to recognize competencies and create our workbook for the IAYT application.) For each transfer credit to be applied, it must meet the objectives (competencies) of the course requested.

For example: a student is requesting transfer credit for their full YTT 300 program taken elsewhere to be applied toward MMI's Advanced Yoga Studies (YTT 300) program. The transcript would be reviewed thoroughly along with the schedule of classes, contact hours, homework, etc. The MMI program is strong in Yoga Foundations and the coursework reveals that 45 contact hours (3 credits) over the three 10-day modules are devoted to Yoga Teachings and Philosophy. To get full transfer credit, the student's transcript would need to prove 45 hours (3 credits) of contact work in that area over the course of the training. The same is necessary for each area of study and each competency that must be mastered to complete the course.

Because the MMI Advanced Yoga Studies (YTT 300) program is offered over 3 10-day modules over the course of 11 months (and students have up to two years to complete the course), it may be more usual for a student to request application of transfer credits to a module (only). Because the modules are progressive in nature, some students may be able to demonstrate competency in the material offered in Module I. Hence, s/he could receive 100 contact hours (6 credits) for Module I and then join a cohort for Module II and III. There may be another case where a student can demonstrate competencies in Modules I and II, requesting 200 contact hours (12 credits).

For the AHC program, courses meet NAMA's standards and a student coming from a NAMA approved school will have similar coursework. Each course has its own CLOs which also align with NAMA's standards. To receive transfer credit for a course, the student must demonstrate competency with a minimum of a B grade or a Pass (if Pass/Fail). Not all NAMA AHC programs offer the same amount of contact hours or credits for each course. The student can receive only full credit per course, not partial. For example: Ayurveda and the Mind is a 20-hour course in MMI's AHC program and 1 credit is awarded. If a student completed a course called Ayurvedic Psychology (course name is not as important as course description) over 24 hours, s/he could receive 1 credit or 20 hours (the value of the MMI course). If s/he completed a course called Ayurvedic Psychology over 12 hours, s/he would not receive any transfer credit and would need to repeat the course at MMI (with all related costs and fees).

All transfer credit applications have to be reviewed on a case-to-case basis with the Program Director and the Registrar. The onus is on the student to supply all the material necessary to demonstrate competency in each area for which she/he is requesting transfer credit.

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Application of Transfer Credit

Students may transfer credits for no more than 30% of the entire AYT program; the student must complete 70% of the program at Mount Madonna Institute. Students may transfer credits for either the Ayurveda Health Counselor (AHC) component or the Advanced Yoga Studies (YTT 300) component, but not both. Transfer credits must be applicable to a course that is part of the curriculum of either program. Transfer credits are applied as contact hours (1 credit = 15 contact hours). Once a transfer credit for a course is applied, the student need not attend (or pay for) the same course or complete homework or assignments related to that course.